After reading this article, I think about a famous software on the Palm handheld called “Life Balance™”. The most unique feature of Life Balance is that it classifies your daily schedule into several categories: career, family, health, dreams, etc.

It can draw the pie graph for you to see how your life is organized, and most important, is your life balanced? If not, how should you re-organize to balance your life?

Are you a workaholic who spends too less time on your family? How is your healthy status? When is the last time you do exercise? How about your dreams?

People may be so blindly if they never thought about write it down on a sheet of paper. This software is so popular because so many people neglect that. They concentrate on a small part of their life and devote almost all their energy on that, making their life unbalanced. They forget to slow down their pace and see their life in a total view. Unfortunately, I’m one of them.

I’ve searched on the web, some people write their own 50 things to be done and even publish it on their homepages. So, what about me?

“When it compares with the whole life, even the most unacceptable things become needlessly,” I really should write it down as my motto.